



This month we're diving into the second pillar of Developmental Relationships- challenging growth! Challenging growth pushes us to keep evolving by stretching ourselves to go further, holding ourselves accountable, and reflecting on failures to help us learn from mistakes and setbacks. We all need nudges that push us to work hard on achieving our goals. We challenge our kids, our partners, and ourselves to grow by pushing beyond what's comfortable, raising questions, and testing abilities in ways that are demanding, stimulating, and motivating. It's also important to keep heading in a positive direction by setting appropriate limits. These ideas and activities can help you examine how you challenge growth in the people you know!

#### Tips for challenging growth:

1. Help a young person find their own solutions rather than just telling them what to do.
2. Tell your friend about people and ideas that have inspired you.
3. Challenge your partner to try things that are a little hard for them.
4. Teach that making mistakes is part of learning.
5. Praise your co-worker for working hard and sticking to tasks even if they do not get the right answer or win the competition.

#### Relationship builder activity: *Proudest moment*

Talk with an important person in your life about times that they have been proud of something they achieved. This thing can be something achieved without help or that was accomplished with assistance. Write down a word or phrase to summarize each time this person has felt proud. Then look over the list and ask them if one time stands out as their single proudest moment in life so far. Talk about what made that such a proud moment and what it might say about your their interests and talents and future. In the coming days and weeks, find other ways to help this important person feel a similar sense of pride in what they've accomplished.

#### **Read on to learn how we at Camp Fire Columbia are putting the developmental relationships framework into practice!**

Or dig into The Search Institute's **[blog post on "How to Challenge Growth in Young People."](#)**



## Program Updates

**Camp Namanu came to a close after a glorious summer full of youth campers!** Overnight camp wrapped up this week after an adventurous, memory filled few months. Relive the joy and laughter by viewing photos from all the sessions and the camp videos!

[Camp Photos](#)

[Camp Videos](#)

So many great opportunities! **We're hiring for the upcoming school year and a handful of other jobs** across departments. Available job locations are in Fairview, McMinnville, Portland, Sandy and West Linn. We offer full benefits, paid holidays and vacation plus you get to work with an all-star team and super inspiring youth! Search and [apply here](#).

**Before and After School Program is expanding to McMinnville** with an exciting new partnership between the cities of McMinnville & LaFayette, the McMinnville School District, and Kids on the Block, Inc. In fall we will be launching program in six new schools! [Registration for our lottery opens up August 16th](#).

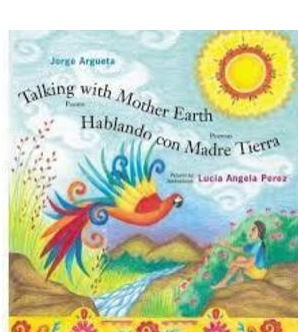
#### **We surveyed the youth we serve in middle school and high school and this is what they had to say!**

- 85% believe that Camp Fire is a diverse, equitable, and inclusive environment at their school
- 88% believe that Camp Fire adults prioritize students
- 88% experienced peer-to-peer engagement in program
- 85% of students felt a sense of belonging in Camp Fire this year
- 82% scored high in social skills
- 79% have a positive, self-identity
- 95% identified multiple experiential learning opportunities in program



## Fun Activities!

Do you consider yourself to be a Namanu expert? [Test your knowledge!](#)



**Book of the month: *Talking with Mother Earth/Hablando con madre tierra: Poems/Poemas* by Jorge Argueta** is a bilingual poetry book about a boy who learns self-acceptance through his growing connection with Mother Earth. The protagonist exhibits pride in his identity, though he is discriminated because of it.

To win this book reply to this email and share with us someone who has inspired you, and why!

**Activity of the month:** Make your own lava lamp!



## Events

**Beaverton Night Market (Mercado Nocturno de Beaverton):** Saturday, August 14th from 4-10 PM along 1st St and Tucker Ave in downtown Beaverton. Visit [beavertonoregon.gov/nightmarket](#) for more.

**Color Line: Black Excellence on the World Stage Exhibit** at the Portland Art Museum from now until Nov. 28, 2021. In an exhibit at the 1900 Paris Exposition, W.E.B. Du Bois presented a remarkable portrait of African American life. A selection of these photographs and data charts at the museum invited visitors to critically engage with the visual dynamics of race. [portlandartmuseum.org/exhibitions/color-line](#)



## Friends of Namanu Corner

Please join us for "A Gathering of Friends" hosted by Friends of Namanu! Each year we look forward to convening with our Namanu community from across the decades back at Camp Namanu, *the camp of our dreams*. **This year the event is only one day, Saturday Septemeber 11th from 10am-7pm.** Lunch and dinner will be provided Saturday only. Cabin rentals are available at camp Thurs-Sun. We look forward to safely gather with you all for our FUNdraiser event to cherish the place we all hold fondly. And, you can absolutely expect singing of our favorite camp songs!

[Register for FON Weekend](#)



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