



Happy Saturday! We are back, and as promised last month we want to share more about a framework we learned from one of our partners, [the Search Institute](#), called Developmental Relationships. **We hope to shed understanding and ways in which you can apply each of the pillars:**

- **Expressing Care**
- **Challenging Growth**
- **Providing Support**
- **Sharing Power**
- **Expanding Possibilities**

Let's look at expressing care, the first pillar and foundation of relationships. When we express care to our children, we show them that we like them and want the best for them. We show our kids that we care by how we listen, show warmth, invest time and energy, and are someone they can count on. Another cool part? You can apply this to any relationship in your life! Try these ideas and activities to expand how you express care with people in your life.

**Tips for expressing care:**

1. Make an effort to understand your (insert important person in your life here!) point of view when they share ideas or opinions.
2. When your partner says they have a problem, try not to immediately jump to offering a solution. Focus on understanding and empathizing first, and then see if they have any ideas about a solution before you offer your ideas.
3. Participate in your child's imaginary world, whether that means becoming a character or imagining you are in another place. Convey enthusiasm for the world your child has created in their head.
4. Show interest in each other's sparks, which are deep interests or abilities that tap into your deepest passions. Support each other in exploring and developing these interests or passions.
5. Focus attention on your friend when they are talking about things that are important to them. Put away the smartphone.

**Relationship builder activity: *Surface strengths***

Find a time when you are with important people in your life (family, friends, coworkers) and ask everyone to write down the qualities they like about a member of the group on slips of paper. Have them only write down the qualities —such as being hard working, or considerate, or funny—without writing down the name of the person in the group they are thinking about. After everyone has finished writing, put all of the slips in a bowl and then pass the bowl among each other and ask each person to pick and read one (with reading assistance, if necessary). After each good quality is read, ask people to guess who the good quality describes. End the activity by stressing how many good qualities exist in your group!

**[Read on to learn how we at Camp Fire Columbia are putting the developmental relationships framework into practice!](#)**

Or dig deeper into expressing care by visiting the [Search Institute's "9 Ways to Express Care"](#) blog post.



**Program Updates**



**A sound off to Sound!** One of our most seasoned employees is off to tackle new adventures. Steven "Sound" Joinson started out at Camp Fire Columbia in 2009 running a SUN Community program for years before transitioning into the role of Camp Namanu's Camp Director. His various talents and abilities led him to Namanu's Director of Outreach and Engagement, with a host of other job duties woven in over the years. Steven was a leader of fun and a true community builder within our team, and his humor, contagious energy, event hosting talents, and creative skills, among so much, will be greatly missed.

So many great opportunities! **We're hiring for the upcoming school year and a handful of other jobs** across departments. Available job locations are in McMinnville, Portland, Troutdale and West Linn. Search and apply [here](#).

**Camp Namanu is once again filled with youth campers and laughter!** Overnight camp is in full swing and held the first two sessions of the summer. Relive the joy by viewing photos from session one and the camp video.

**We are thrilled to welcome a new member to our team – Jorge Cruz!** He'll be joining us as the next Director of Teen Programs. Jorge grew up in North Portland, and has focused his career on youth development. He's worked at Self Enhancement, Inc. and most recently at Metropolitan Family Services for the past 12 years. Jorge is also currently working towards his degree in social work at PSU. He believes that in order to change the world we must educate our youth to ask questions and to think critically about their own education and opportunities.

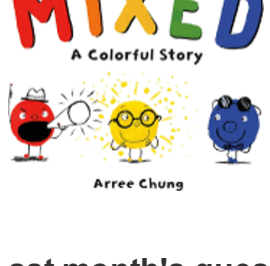
**Before and After School Program is expanding to McMinnville** with an exciting new partnership between the cities of McMinnville & LaFayette, the McMinnville School District, and Kids on the Block, Inc. In fall we will be launching program in six new schools! Resources will be made available as program details become finalized.

**Fall registration for our lottery has opened** for our Before and After School Programming. Sign up by midnight of June 21 to be entered. [Find more details here.](#)



**Fun Activities!**

Do you consider yourself to be a Namanu expert? [Test your knowledge!](#)



**Book of the month: *Mixed: A Colorful Story*** by Arree Chung. Reply to this email and share a way you've expressed care for a young person in your life to win this month's book.

**Last month's question:** How did your relationship with Camp Fire begin? Mary M. answered, "As a Bluebird camper with the Hood Camp Fire, which led to many years of attending camp at Onahlee!"

**Activity of the month:** Learn how to float a teabag in the air like a balloon!



**Events**

**Elevate BIPOC Market** at the Breathe Building on SE 50th Ave. Summer Saturday schedule: July 10 (TODAY), August 7, and September 4 from 11am to 4pm.

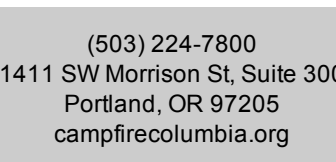


**Friends of Namanu Corner**

This past month we said goodbye to a beloved mentor, alum, board member, and friend. B'Lou Welch, left this earth leaving a massive imprint on our community and countless lives that have come through Camp Namanu and Camp Fire Columbia. B'Lou's legacy will live on in every song that is sung, fire that is stoked, and cinnamon roll that is made at Namanu. We were privileged to have worked alongside her, and won't ever forget the 70 years of dedication and service.



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